



Ms Noriko DENO

Community Designer, Studio-L

Since joining Studio-L (a community design company) in 2011, I have been encouraging local communities to get involved with creating their own future. The categories range from social welfare, social and adult education, town management, park management, revitalizing the town centres and local high street etc. Projects I have managed in the past were to inspire local people to “Think seriously about a future job in the nursing industry”-Design School of Care and Welfare- (Ministry of Health, Labour and Welfare Japan, 2018) and “Creating community activities for elderly people” (Akita city, 2017).

I have also started a scheme to create a place for people to meet up where they are encouraged to learn and bond as a community. This scheme is called "Co-Minkan Committee".

My most recent project is a cooking group called “Spread the Spreads” our aim is to create new recipes for spreads and raise awareness about the various tasty spreads available for babies and the elderly.

Topic: Community Design for Ageing Society in Japan

Japan has hit the highest number of elderly people living the longest within a population in the world. The life expectancy for the most of people goes to 100 years old. So this raises a big question, how would you like to live the remainder of your life?

In my keynote speech, I will share some projects of how we can live long with dignity and fun in a local community.



出野紀子女士

Studio-L 社區設計師

自從2011年加入 Studio-L 社區設計公司，我鼓勵社區積極參與和共創自己的將來，範圍包括社會福利、社會和成人教育、市鎮管理、公園管理、和活化市中心及市中心內的主要街道等等。我曾管理的計劃旨在啓發當地居民「慎重考慮從事護士行業」*（Ministry of Health, Labour and Welfare Japan, 2018）和「為長者建立社區活動」*（Akita city, 2017）。

另外，我也推出一項計劃給予大眾會面的空間，鼓勵他們學習並與社區建立聯繫。此計劃名叫「民間互助委員會」*（Co-Minkan Committee）。

我最近統籌了「分享抹醬」*（Spread the Spreads）的烹飪組織。我們旨在為長者設計抹醬食譜，提高大眾對於可供嬰兒和長者食用的抹醬的認識。

題目：日本高齡社會社區設計

日本是世界上最高齡的國家，其平均壽命高達100歲。問題是：餘下的日子你想怎樣生活呢？我將會在演講中分享不同項目，說明我們如何能有尊嚴和快樂地活得長久。

*計劃名稱版由SIRF團隊翻譯，如有差異，以英文版為準。