



Dr Anna DIXON

Chief Executive, Centre for Ageing Better

Anna Dixon is the Chief Executive of the Centre for Ageing Better, an independent charity that brings about lasting changes in society so more people can enjoy later life. Anna joined the organisation in September 2015 and has taken it from start-up to become an established organisation. With an endowment from the Big Lottery Fund and as part of the What Works Network, Ageing Better is focused on bringing about impact informed by evidence across four priorities: fulfilling work, healthy ageing, safe and accessible housing and connected communities.

Anna is author of *The Age of Ageing Better? A Manifesto for Our Future*.

Prior to joining Ageing Better, Anna was Director of Strategy and Chief Analyst at the Department of Health from 2013-2015. She has also held positions as Director of Policy at The King's Fund, Lecturer in European Health Policy at the London School of Economics and Political Science, policy analyst at the Department of Health Strategy Unit (2003-04). In 2005-6 she was awarded a Harkness Fellowship in Health Policy by the Commonwealth Fund of New York which she spent at the University of Oregon. She has a PhD in Social Policy from the London School of Economics and Political Science.

Topic: The Age of Ageing Better? A Manifesto for Our Future

The Age of Ageing Better? takes a radically different view of what our ageing society means. Dr Anna Dixon turns the misleading and depressing narrative of burden and massive extra cost of people living longer on its head and shows how our society could thrive if we started thinking differently.

This book shines a spotlight on how as a society we are currently failing to respond to the shifting age profile – and what needs to change. Examining key areas of society including health, financial security, where and how people live, and social connections, Anna Dixon presents a refreshingly optimistic vision for the future that could change the way we value later life in every sense.



Anna DIXON 博士

Centre for Ageing Better 行政總監

Anna Dixon 是 Centre for Ageing Better (CAB) 的行政總監，一個旨在為更多人提升晚年生活質素而帶來長期社會改變的獨立慈善機構。Anna 於 2015年9月加入機構，由成立初期領導至今。CAB 由 Big Lottery Fund 捐助，是 What Works Network 成員，致力在四方面透過證據帶來正面影響：帶來滿足感的工作、健康樂齡、安全和無障礙房屋及社區互聯。

Anna 是《樂齡年代？為我們未來宣言》(The Age of Ageing Better? A Manifesto for Our Future) 的作者。

在加入 CAB 前，Anna 於 2013-2015 擔任英國衛生部的策略總監和首席分析員。她亦曾是 The King's Fund 的政策總監、倫敦經濟及政治科學學院歐洲健康政策講師、及英國衛生部策略組（2003-2004）的政策分析員。2005-2006 年，她獲得紐約聯邦基金哈克尼斯獎學金，並於俄勒岡州立大學進行研究。她從倫敦經濟及政治科學學院獲得社會政策博士學位。

題目：樂齡年代？為我們未來宣言*

《樂齡年代？為我們未來宣言》(The Age of Ageing Better? A Manifesto for Our Future) 以另類角度探討社會老化意味的問題。Anna Dixon 博士將生活負擔和長壽的巨大額外費用這種誤導和令人沮喪的敘述顛倒，證明如果我們改變思維，社會便能繁榮發展。

此書探討社會為何未能回應年齡分佈轉移，提倡不同改變之處。Dixon 博士探討健康、經濟保障、居住地方與方式及社會關係等方面，提出一個對於將來的樂觀遠景，徹底讓我們對於晚年生活改觀。

*書名由 SIRF 團隊翻譯，如有差異，以英文版為準